



Finished Quilt Size: **60" x 66" (1.52m x 1.68m)**

Finished Block Size: **3" x 6" (7.62cm x 15.24cm)**

Fabric Collection Name & Fabric Designer: **Sleepy Teddy by Sharla Fults**

Technique: **Piecing**

Designed by: **Lisa Swenson Ruble, Quilty Zest**

Skill Level: **Advanced Beginner**

Tech Edited by: **Emma Lea Creative**

Sweet Dreams Quilt

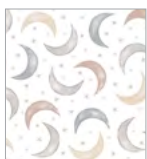
Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Teddy Bear and Clouds	Gray/Multi	8519-94	7/8 yard (0.80m)
(B) Moon and Stars	White/Multi	8521-03	1 yard (0.91m)
(C) Tossed Stars	White/Multi	8523-03	1 5/8 yards (1.49m)
(D) Diagonal Plaid	Oatmeal/White	8524-30*	1 1/8 yards (1.03m)
(E) Panel 36in x 44in	Oatmeal/Gray	8526P-34	1 yard (0.91m)

* includes binding



(A)



(B)



(C)



(D)



(E)

Backing (Purchased Separately)

44" (1.12m) wide

Flying Teddy Bears

Gray/Multi

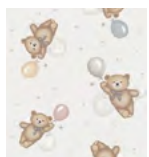
8520-13

3 7/8 yards (3.54m)

OR

108" (2.74m) wide

1 3/4 yards (1.60m)



Backing
44"

Additional Materials:

- 100% cotton thread in color to match
- 68" x 74" (1.72m x 1.88m) batting

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All free projects are intended to remain free and are not for resale.

Cutting

Notes:

- Please make sure to check www.studiofabrics.net for pattern updates prior to starting the project.
- All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

Fabric A, cut:

- (2) 6½" x WOF; subcut
 - (16) 3½" x 6½" vertical rectangles
- (3) 3½" x WOF; subcut
 - (14) 3½" x 6½" horizontal rectangles

Fabric B, cut:

- (6) 4½" x WOF. Sew the strips together end to end with 45-degree diagonal seams and cut
 - (2) 4½" x 58½" strips
 - (2) 4½" x 52½" strips

Fabric C, cut:

- (6) 3½" x WOF; subcut
 - (60) 3½" squares
- (3) 3" x WOF. Sew the strips together end to end and subcut
 - (2) 3" x 42½" strips
- (6) 2½" x WOF. Sew the strips together end to end with 45-degree diagonal seams and cut
 - (2) 2½" x 54½" strips
 - (2) 2½" x 48½" strips
- (2) 2½" x WOF; subcut
 - (2) 2½" x 40½" strips

Fabric D, cut:

- (2) 4½" x WOF; subcut
 - (4) 4½" squares
 - (4) 3½" squares
 - (4) 2½" squares
- (7) 2½" x WOF for the binding
- (5) 1½" x WOF. Sew the strips together end to end with 45-degree diagonal seams and cut
 - (2) 1½" x 46½" strips
 - (2) 1½" x 42½" strips

Fabric E, cut:

- Fussy-cut (1) 35½" x 42½" rectangle

Block Assembly

Notes:

- All seam allowances are $\frac{1}{4}$ " (.64cm) unless otherwise noted.
 - Sew pieces right sides together.
 - Press seam allowances open unless otherwise indicated.
 - The arrow in the figures represent the fabric print direction.
1. Draw a diagonal line on the wrong side of all $3\frac{1}{2}$ " **Fabric C** squares. Place a marked square RST on the left end of (1) $3\frac{1}{2}$ " x $6\frac{1}{2}$ " **Fabric A** horizontal rectangle with bear faces oriented up. Stitch on the drawn line, trim seam allowance to $\frac{1}{4}$ " and press open. Repeat on the opposite end to make (1) unit 1a (**Fig. 1a**). Make (8) unit 1a and (8) unit 1b, noting fabric orientation (**Fig. 1b**).

Fig. 1a

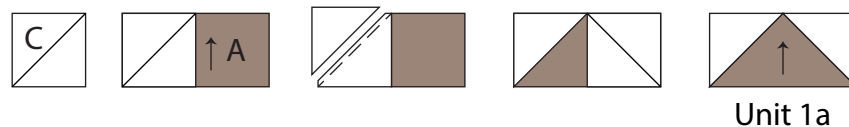
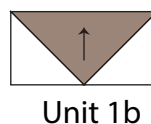


Fig. 1b



2. In the same way, make (8) unit 2a using (1) $3\frac{1}{2}$ " x $6\frac{1}{2}$ " **Fabric A** vertical rectangle, noting orientation **Fabric C** squares (**Fig. 2a**). Make (8) unit 2b, noting fabric orientation (**Fig. 2b**).

Fig. 2a

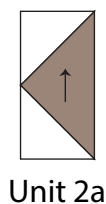
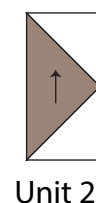


Fig. 2b



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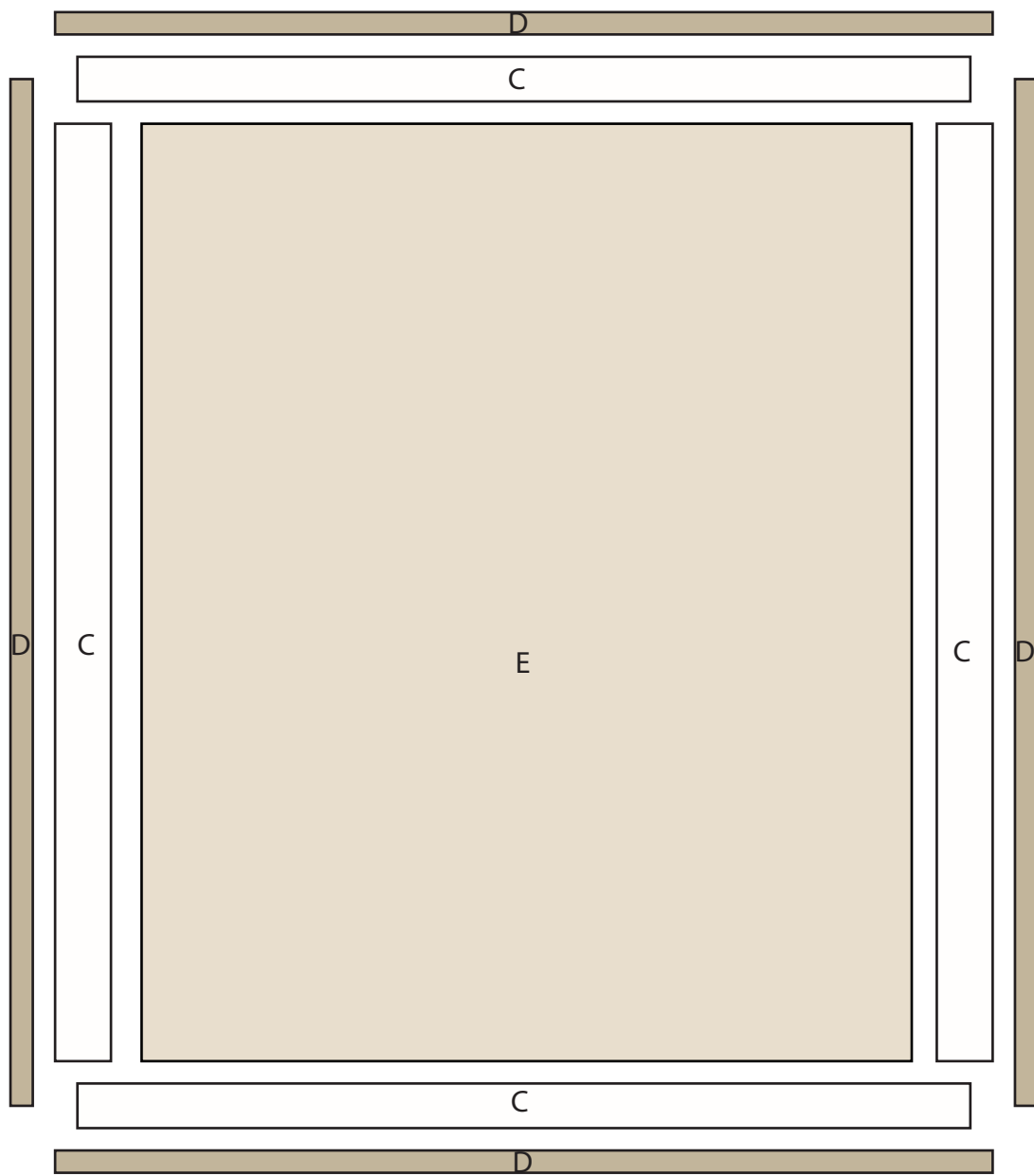
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Quilt Top Assembly

Follow the Quilt Layout (page 7) while assembling the quilt top.

3. Sew 3" x 42½" **Fabric C** strips to opposite sides of the 35½" x 42½" **Fabric E** panel rectangle.
Sew 2½" x 40½" **Fabric C** strips to the top and bottom (**Fig. 3**).

Fig. 3



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4. Sew $1\frac{1}{2}$ " x $46\frac{1}{2}$ " **Fabric D** strips to opposite sides of the panel unit from step 3.
Sew $1\frac{1}{2}$ " x $42\frac{1}{2}$ " **Fabric D** strips to the top and bottom to complete the quilt center.
5. Sew together (8) vertical unit 2a to make a pieced column. Sew column to the left side of the quilt center. Sew together (8) vertical unit 2b to make a pieced column. Sew column to the right side of the quilt center. Sew together (7) horizontal unit 1a to make a pieced row and sew $3\frac{1}{2}$ " **Fabric D** squares to both ends. Sew row to top of quilt center. Sew together (7) horizontal unit 1b to make a pieced row and sew $3\frac{1}{2}$ " **Fabric D** squares to both ends. Sew row to bottom of quilt center.
6. Sew (1) $2\frac{1}{2}$ " x $54\frac{1}{2}$ " **Fabric C** strip to opposite sides of the quilt center. Sew $2\frac{1}{2}$ " **Fabric D** squares to both ends of (1) $2\frac{1}{2}$ " x $48\frac{1}{2}$ " **Fabric C** strip. Make (2). Sew to the top and bottom of the Quilt Center.
7. Sew (1) $4\frac{1}{2}$ " x $58\frac{1}{2}$ " **Fabric B** strip to each side of the Quilt Center. Sew $4\frac{1}{2}$ " **Fabric D** squares to both ends of (1) $4\frac{1}{2}$ " x $52\frac{1}{2}$ " pieced **Fabric B** strip. Make (2). Sew to the top and bottom to complete the quilt top which measures $60\frac{1}{2}$ " x $66\frac{1}{2}$ ".

Finishing

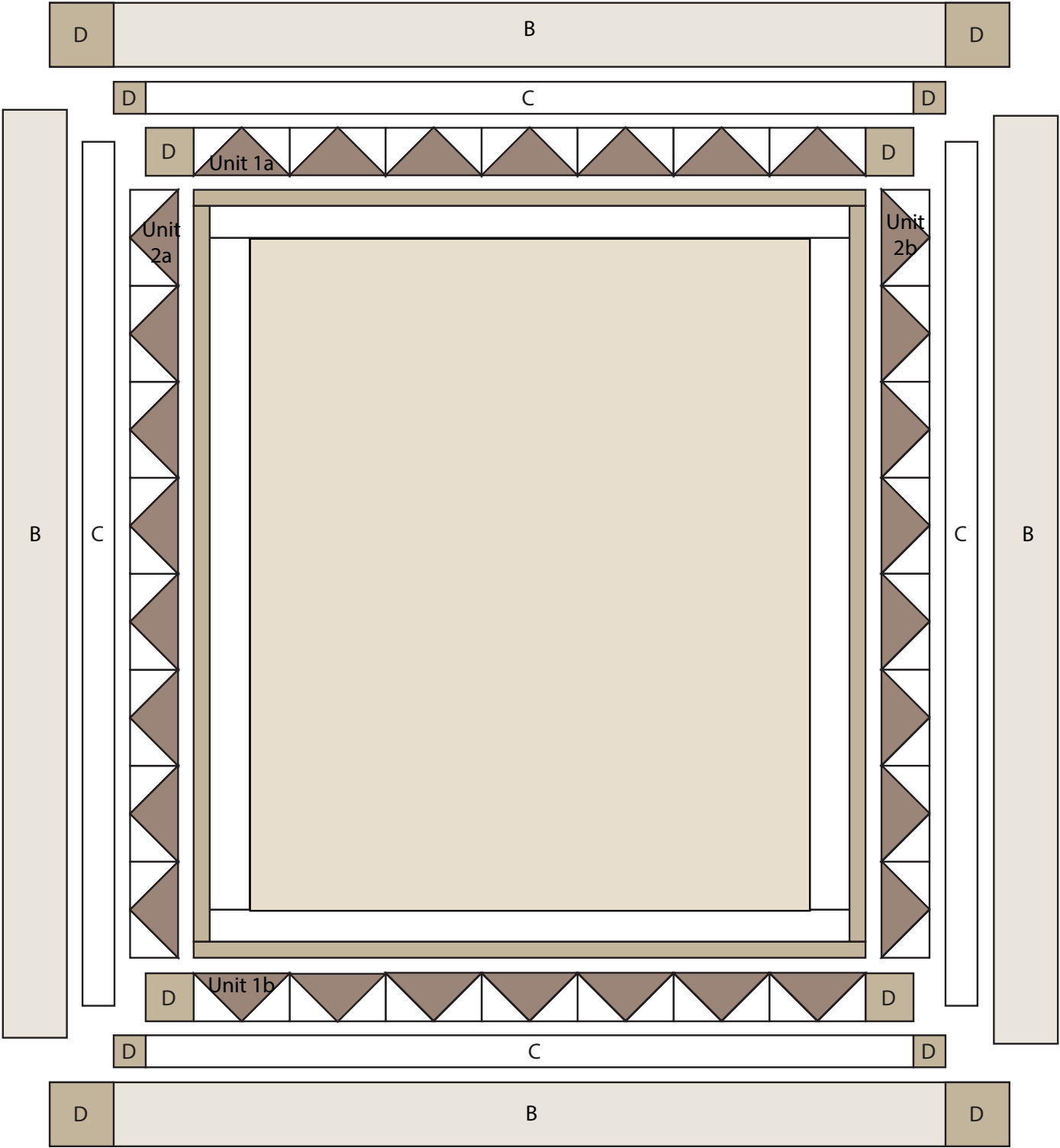
8. Sew together the (7) $2\frac{1}{2}$ " x WOF **Fabric D** binding strips end to end using diagonal seams. Press the seams open. Press the binding strip in half wrong sides together.
9. Trim the selvage edges from the backing fabric. Cut the yardage into two equal lengths and use a $\frac{1}{2}$ " seam to sew the sections together along one long edge to make the quilt backing. Press.
10. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the quilt top.
11. Leaving an 8" tail of binding and beginning along an edge of the quilt top, match raw edges of the binding to the raw edges of the quilt top. Sew the binding to the outside edge around all four sides and miter corners. Stop sewing approximately 12" from where you started and backstitch.
12. Lay both loose ends of binding flat along the quilt edge. Where these two loose ends meet, fold them back onto themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together, right sides matching. Trim seam to $\frac{1}{4}$ " and press seam open. Finish sewing the binding to the quilt top.
13. Turn the binding over the raw edge to the back of the quilt and hand or machine stitch in place.

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Quilt Layout



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