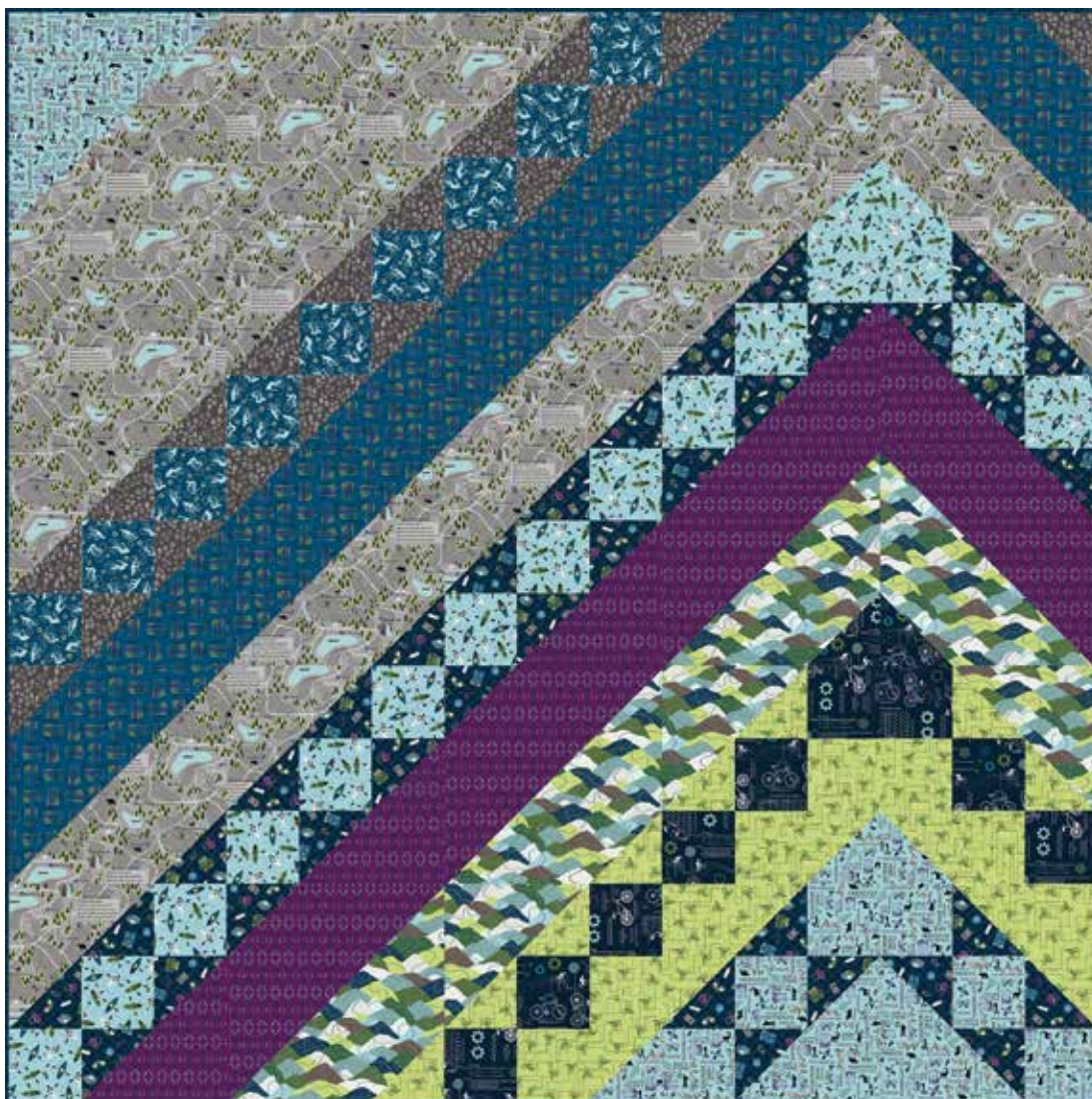


A Free Project Sheet
NOT FOR RESALE

Silent Sports

QUILT 1



Featuring fabrics from the **Silent Sports** collection by **Judy Gauthier** for **STUDIO e fabrics**

Fabric Requirements

(A) 5978-11	¾ yard
(B) 5973-99	2 ¾ yards
(C) 5980-39	⅝ yard
(D) 5975-76	⅜ yard
(E) 5985-76	1 yard
(F) 5983-77	⅝ yard
(G) 5984-11	1 ⅛ yards*
(H) 5981-58	1 ¾ yards

(I) 5974-67	1 ⅜ yards
(J) 5976-64	¾ yard
(K) 5972-79	⅜ yard
Backing	
5977-77	4 ¾ yards

* Includes Binding

Additional Supplies Needed

Batting 83" x 83" (Recommended:
Air Lite® Colour Me 100% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Quilt designed by Heidi Pridemore
Finished Quilt Size 75" x 75"
Skill Level: Advanced Beginner

Please check our website for pattern updates before starting this project.

Fabrics in the Collection



Bike Physics
Dark Navy – 5972-79



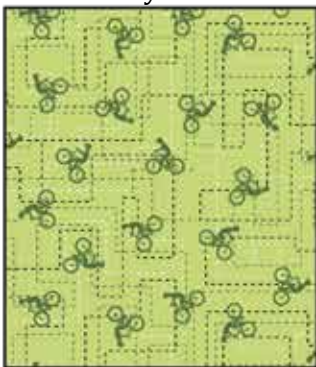
Trail Map
Charcoal – 5973-99



Hills and Trails
Green/Blue – 5974-67



Tossed Bicyclists
Dark Teal – 5975-76



Dash Plaid Bikes
Light Green – 5976-64



Elevation Map
Dark Blue – 5977-77



Hiking Sentiments
Light Blue – 5978-11



Carabiners
Multi – 5979-96



Footprints
Dark Brown – 5980-39



Trekking Poles Geo
Plum – 5981-58



Outdoor Accessories
Dark Blue – 5983-77



Kayaks A/O
Light Blue – 5984-11



Canoe Paddles
Dark Teal – 5985-76

Cutting

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

NOTE: Due to the use of directional fabrics, you will only use selected cut pieces. Pay attention to the direction of cuts when making triangles as indicated.

Fabric A (5978-11 Hiking Sentiments – Light Blue), cut:

- (1) 15 $\frac{7}{8}$ " x WOF strip, sub-cut (1) 15 $\frac{7}{8}$ " square, (1) 10 $\frac{7}{8}$ " square, and (2) 5 $\frac{1}{2}$ " squares. Cut the 15 $\frac{7}{8}$ " square across (1) diagonal to make (2) 15 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 15 $\frac{7}{8}$ " triangle.* Cut the 10 $\frac{7}{8}$ " square across (1) diagonal to make (2) 10 $\frac{7}{8}$ " triangles.
- (1) 5 $\frac{1}{2}$ " x WOF strip, sub-cut (7) 5 $\frac{1}{2}$ " squares.

Fabric B (5973-99 Trail Map – Charcoal), cut:

- (3) 15 $\frac{7}{8}$ " x WOF strips, sub-cut (6) 15 $\frac{7}{8}$ " squares. Cut (5) of the squares across the diagonal from the upper right corner to the lower left corner to make (10) 15 $\frac{7}{8}$ " triangles. *Note: You will only use (5) 15 $\frac{7}{8}$ " triangles.* Cut (1) 15 $\frac{7}{8}$ " square across the diagonal from the upper left to the lower right to make (2) 15 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 15 $\frac{7}{8}$ " triangle.*
- (1) 15 $\frac{1}{2}$ " x WOF strip, sub-cut (2) 15 $\frac{1}{2}$ " squares.
- (3) 10 $\frac{7}{8}$ " x WOF strips, sub-cut (8) 10 $\frac{7}{8}$ " squares. Cut (7) of the squares across the diagonal from the upper right to the lower left to make (14) 10 $\frac{7}{8}$ " triangles. *Note: You will use (7) 10 $\frac{7}{8}$ " triangles.* Cut (1) 10 $\frac{7}{8}$ " square across the diagonal from the upper left to the lower right to make (2) 10 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 10 $\frac{7}{8}$ " triangle*

Fabric C (5980-39 Footprints – Dark Brown), cut:

- (2) 5 $\frac{7}{8}$ " x WOF strips, sub-cut (12) 5 $\frac{7}{8}$ " squares. Cut the squares across (1) diagonal to make (24) 5 $\frac{7}{8}$ " triangles. *Note: You will only use (12) 5 $\frac{7}{8}$ " triangles.*
- (1) 5 $\frac{1}{2}$ " x WOF strip, sub-cut (7) 5 $\frac{1}{2}$ " squares.

Fabric D (5975-76 Tossed Bicycles – Dark Teal), cut:

- (2) 5 $\frac{1}{2}$ " x WOF strips, sub-cut (9) 5 $\frac{1}{2}$ " squares.

Fabric E (5985-76 Canoe Paddles – Dark Teal), cut:

- (2) 15 $\frac{7}{8}$ " x WOF strips, sub-cut (3) 15 $\frac{7}{8}$ " squares and (2) 10 $\frac{7}{8}$ " squares. Cut the 15 $\frac{7}{8}$ " squares across (1) diagonal to make (6) 15 $\frac{7}{8}$ " triangles. *Note: You will only use (5) 15 $\frac{7}{8}$ " triangles.* Cut the (2) 10 $\frac{7}{8}$ " squares across (1) diagonal to make (4) 10 $\frac{7}{8}$ " triangles. *Note: You will only use (3) 10 $\frac{7}{8}$ " triangles.*

Fabric F (5983-77 Outdoor Accessories – Dark Blue), cut:

- (2) 5 $\frac{7}{8}$ " x WOF strips, sub-cut (14) 5 $\frac{7}{8}$ " squares. Cut the squares across (1) diagonal to make (28) 5 $\frac{7}{8}$ " triangles.
- (1) 5 $\frac{1}{2}$ " x WOF strip, sub-cut (7) 5 $\frac{1}{2}$ " squares.

Fabric G (5984-11 Kayaks A/O – Light Blue), cut:

- (3) 5 $\frac{1}{2}$ " x WOF strips, sub-cut (17) 5 $\frac{1}{2}$ " squares.
- (8) 2 $\frac{1}{2}$ " x WOF strips for the binding.

Fabric H (5981-58 Trekking Poles Geo – Plum), cut:

- (2) 15 $\frac{7}{8}$ " WOF strips, sub-cut (4) 15 $\frac{7}{8}$ " squares. Cut (3) of the squares across the diagonal from the upper right to the lower left to make (6) 15 $\frac{7}{8}$ " triangles. *Note: You will use (3) 15 $\frac{7}{8}$ " triangles.* Cut (1) 15 $\frac{7}{8}$ " square across the diagonal from the upper left to the lower right to make (2) 15 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 15 $\frac{7}{8}$ " triangle.*
- (2) 10 $\frac{7}{8}$ " x WOF strips, sub-cut (5) 10 $\frac{7}{8}$ " squares. Cut (4) of the squares across the diagonal from the upper right to the lower left to make (8) 10 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 10 $\frac{7}{8}$ " triangles.* Cut (1) of the squares across the diagonal from the upper left to the lower right to make (2) 10 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 10 $\frac{7}{8}$ " triangle.*

Cutting - Continued

Fabric I (5974-67 Hills and Trails – Green/Blue), cut:

- (2) 15 $\frac{7}{8}$ " WOF strips, sub-cut (4) 15 $\frac{7}{8}$ " squares. Cut (3) 15 $\frac{7}{8}$ " squares across the diagonal from the upper right to the lower left to make (6) 15 $\frac{7}{8}$ " triangles. *Note: You will only use (3) 15 $\frac{7}{8}$ " triangles.* Cut (1) 15 $\frac{7}{8}$ " square across the diagonal from the upper left to the lower right to make (2) 15 $\frac{7}{8}$ " triangles. *Note: You only use (1) 15 $\frac{7}{8}$ " triangle.*
- (1) 10 $\frac{7}{8}$ " x WOF strip, sub-cut (3) 10 $\frac{7}{8}$ " squares. Cut (2) of the squares across the diagonal from the upper right to the lower left to make (4) 10 $\frac{7}{8}$ " triangles. Cut (1) of the squares on the diagonal from the upper left to the lower right to make (2) 10 $\frac{7}{8}$ " triangles. *Note: You will only use (1) 10 $\frac{7}{8}$ " triangle.*

Fabric J (5976-64 Dash Plaid Bikes – Light Green), cut:

- (1) 10 $\frac{7}{8}$ " x WOF strip, sub-cut (3) 10 $\frac{7}{8}$ " squares. Cut the squares across (1) diagonal to make (6) 10 $\frac{7}{8}$ " triangles. *Note: You will only use (5) 10 $\frac{7}{8}$ " triangles.*
- (1) 5 $\frac{7}{8}$ " x WOF strip, sub-cut (6) 5 $\frac{7}{8}$ " squares. Cut the squares across (1) diagonal to make (12) 5 $\frac{7}{8}$ " triangles.
- (1) 5 $\frac{1}{2}$ " x WOF strip, sub-cut (2) 5 $\frac{1}{2}$ " squares.

Fabric K (5972-79 Bike Physics – Dark Navy), cut:

- (2) 5 $\frac{1}{2}$ " x WOF strips, sub-cut (11) 5 $\frac{1}{2}$ " squares.

Backing (5977-77 Elevation Map – Dark Blue), cut:

- (2) 83" x WOF strips. Sew the strips together and trim to 83" x 83" to make the back.

Sewing

Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Block Assembly

Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

1. Sew (1) 15 $\frac{7}{8}$ " Fabric A triangle and (1) 15 $\frac{7}{8}$ " Fabric B triangle together along their long sides to make (1) Block One square (Fig. 1). Trim the block to measure 15 $\frac{1}{2}$ " square.

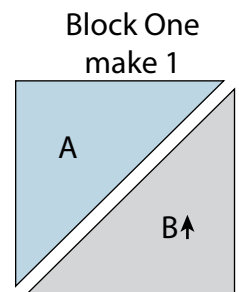


Fig. 1

2. Repeat Step 1 and refer to Figures 2-5 for fabric identification, placement and orientation to make (4) Unit 1 squares, (3) Unit 2 squares, (1) Unit 3 square and (1) Unit 4 square.

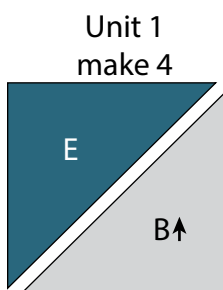


Fig. 2

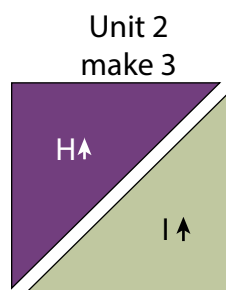


Fig. 3

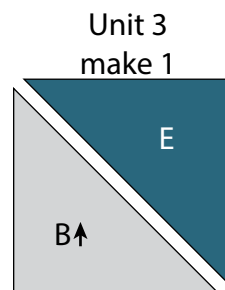


Fig. 4

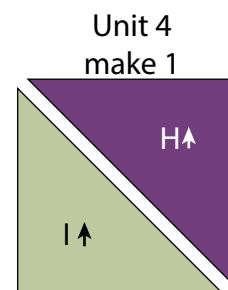


Fig. 5

3. Place (1) 5 ½" Fabric C square on the bottom right corner of (1) 15 ½" Fabric B square, right sides together (Fig. 6). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 6). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle ¼" away from the sewn seam to make (1) Block Two square (Fig. 7). Repeat to make a second Block Two square.

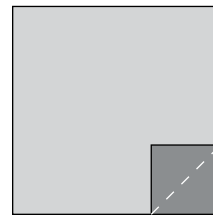


Fig. 6

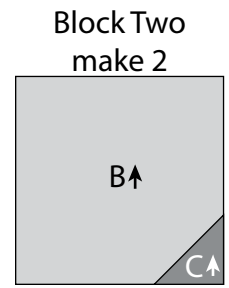


Fig. 7

4. Place (1) 5 ½" Fabric C square on the top left corner of (1) Unit 1 square, right sides together (Fig. 8). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 8). Flip open the triangle formed and press (Fig. 9). Trim away the excess fabric from behind the triangle ¼" away from the sewn seam.

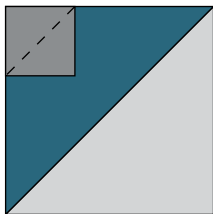


Fig. 8

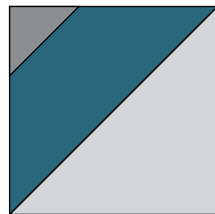


Fig. 9

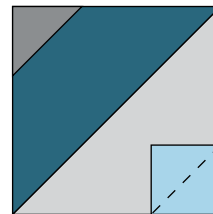


Fig. 10

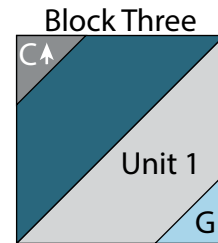


Fig. 11

6. Repeat Steps 4-5 and refer to Figures 12-14 for component identification, placement, seam direction and orientation to make (3) Block Four squares, (1) Block Five square and (2) Block Six squares.

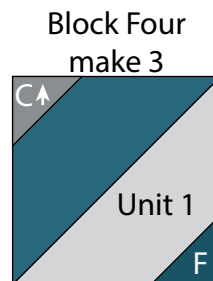


Fig. 12

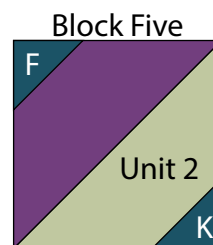


Fig. 13

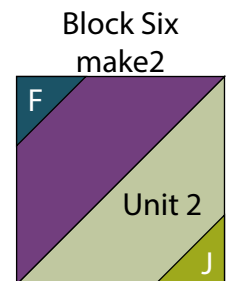


Fig. 14

7. Place (1) 5 ½" Fabric C square on the top right corner of (1) Unit 3 square, right sides together (Fig. 15). Sew across the diagonal of the smaller square from the upper left corner to the lower right corner (Fig. 15). Flip open the triangle formed and press (Fig. 16). Trim away the excess fabric from behind the triangle ¼" away from the sewn seam.

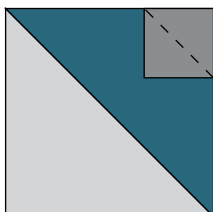


Fig. 15

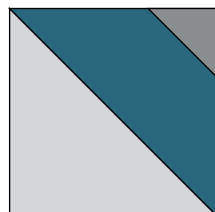


Fig. 16

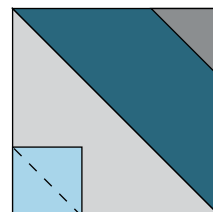


Fig. 17

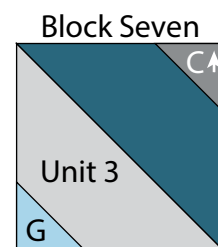


Fig. 18

8. Follow Figure 17 for the seam direction to add a 5 ½" Fabric G square to the lower left corner of the Unit 3 square to make (1) Block Seven square (Fig. 18).

9. Repeat Steps 7-8 and refer to Figure 19 for component identification, placement, seam direction and orientation to make (1) Block Eight square.

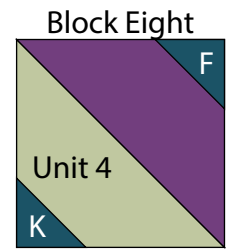


Fig. 19

10. Follow Figure 20 and sew together (4) $5 \frac{7}{8}$ " Fabric C triangles and (3) $5 \frac{1}{2}$ " Fabric D squares to make (1) Unit 5 segment. Repeat to make (3) Unit 5 segments total.

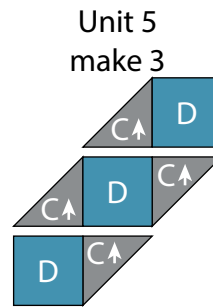


Fig. 20

11. Sew (1) $10 \frac{7}{8}$ " Fabric B triangle, (1) Unit 5 segment and (1) $10 \frac{7}{8}$ " Fabric E triangle together to make (1) $15 \frac{1}{2}$ " Block Nine square (Fig. 21). Repeat to make (3) Block Nine squares total.

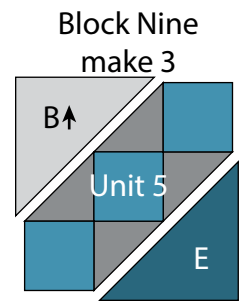


Fig. 21

12. Repeat Steps 10-11 and refer to Figures 22-24 for fabric identification, placement and orientation to make (4) Block Ten squares, (1) Block Eleven square and (2) Block Twelve squares.

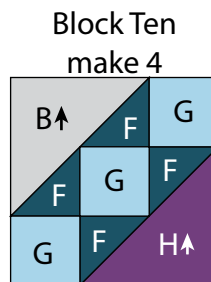


Fig. 22

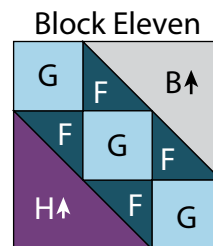


Fig. 23

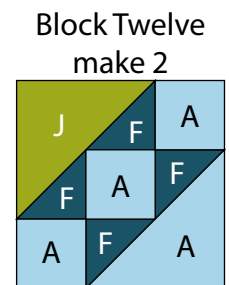


Fig. 24

13. Follow Figure 25 and sew together (1) $10 \frac{7}{8}$ " Fabric I triangle, (4) $5 \frac{7}{8}$ " Fabric J triangles, (3) $5 \frac{1}{2}$ " Fabric K squares and (1) $10 \frac{7}{8}$ " Fabric J triangle to make (1) $15 \frac{1}{2}$ " Unit 6 square. Repeat to make a second Unit 6 square.

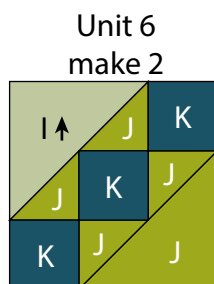


Fig. 25

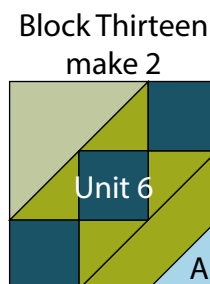


Fig. 26

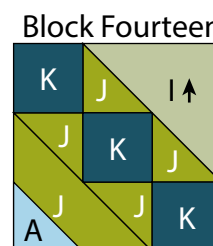


Fig. 27

14. Place (1) $5 \frac{1}{2}$ " Fabric A square on the bottom right corner of (1) Unit 6 square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle $\frac{1}{4}$ " away from the sewn seam to make (1) Block Thirteen square (Fig. 26). Repeat to make a second Block Thirteen square.

15. Repeat Step 14 and refer to Figure 27 for fabric identification, placement and orientation to make (1) Block Fourteen square.

Quilt Top Assembly

(Follow the Quilt Layout while assembling the quilt top.)

16. Sew together (1) Block One square, (1) Block Two square, (1) Block Nine square, (1) Block Three square and (1) Block Seven square, in that order from left to right, to make Row One.

17. Repeat Step 16 and refer to the Quilt Layout for component identification, placement and orientation to make Row Two through Row Five.

18. Sew together the (5) Rows, lengthwise and in numerical order from top to bottom, to make the quilt top.

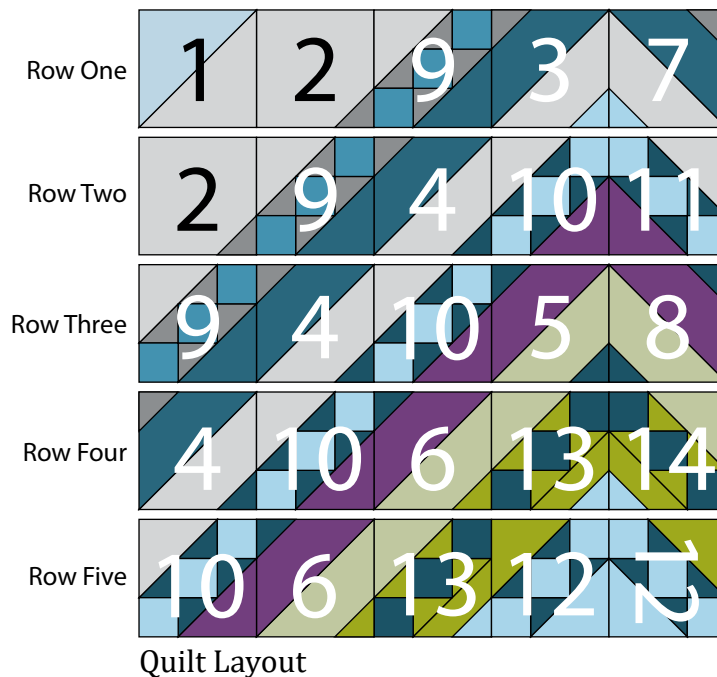
Layering, Quilting and Finishing

19. Press the quilt top and 83" x 83" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Binding

20. Cut the ends of the (8) Fabric G binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

21. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.



*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.studioefabrics.net for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.*